

## Ultrasound Case: One in a million but not one of a kind

Release Date: September 1, 2019 Expiration Date: August 31, 2022

## **Accreditations**

The MEDNAX Center for Research, Education, Quality and Safety is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The MEDNAX Center for Research, Education, Quality and Safety designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s) $^{TM}$ . Physicians should only claim credit commensurate with the extent of their participation in the activity.

<u>Enduring Material</u> – The ACCME recognizes this educational activity as an enduring material. The estimated time for completion of this enduring material is 60 minutes. This presentation was released on September 1, 2019. The expiration date of this enduring material is August 31, 2022.

Target Audience – This presentation is intended for physicians, advanced practice providers, and other clinicians.

<u>Purpose/Gap</u> — Ultrasound Case presentations are intended to help the clinician to develop/reinforce their ability to think critically and address gaps in medical knowledge when faced with certain ultrasound findings that the learner may encounter in the clinical setting. This educational activity will review the topic of fetal sacral mass. The presentation provides a case with images for you to reflect and consider next steps, followed by a review of the underlying physiology/pathophysiology/diagnosis. Practical strategies are also provided that the learner can use immediately in the clinical setting. The images/video represent an actual case in which the fetus was affected by the abnormality.

Objectives – Following the completion of this educational activity, the learner should be able to:

- Evaluate the differential for the finding (addressed in this activity) noted on antenatal ultrasound.
- Specify how this diagnosis is determined.
- Describe the natural history and antenatal management of pregnancies with this condition.

CME- ACGME/ABMS Competencies addressed in this educational activity includes medical knowledge.

<u>Desired Learning Outcome</u> - Clinicians will be able to identify two key ultrasound markers used to identify the presence of an abnormality or pathology identified in this case and will implement at least one management strategy, technique or intervention appropriate for this diagnosis to improve patient care and outcomes.

<u>Disclosures</u> of Financial Relationships and Resolution of Conflicts of Interest is designed to ensure quality, objective, balanced, and scientifically rigorous continuing education activities. All individuals in a position to influence and/or control the content of continuing education activities have been asked to disclose all relevant financial relationships within the past 12 months. Any real or apparent conflicts of interest related to the content of the faculty's presentation have been resolved as have any real or apparent conflicts of interest by the planners as related to the content of this conference. MEDNAX/CREQS is committed to providing learners with commercially unbiased continuing education activities.

## **Faculty, Planners and Reviewer Disclosures**

Andrew Combs MD, PhD – no relevant financial relationship(s).

**Thomas Garite, MD** – no relevant financial relationship(s).

Christine Penfield, MD, MPH – no relevant financial relationship(s); FDA: nothing to disclose.

Hilja Dodd Sousa Conceição, CHCP, CPHQ – no relevant financial relationship(s).

Barbara Marusiak, DHsc, MS CRM - no relevant financial relationship(s).

Kimberly Maurel, MSN, CNS, RN - no relevant financial relationship(s).

<u>Commercial Support</u> – There is no commercial support for this educational activity.

<u>Participation</u> – Participants are expected to review all content in the video, access reference materials as needed for additional self-directed learning, take and score 70% or greater correct on the post test, and complete the evaluation in order to earn *AMA PRA Category 1 Credit(s)*<sup>TM</sup>.

There are no fees for participating in or receiving credit for this online educational activity. For information on applicability and acceptance of credit for this activity, please consult your professional licensing board.

Contact – Should you have any questions or concerns, please contact us at continuing education@mednax.com